

# **SOUTH DEVON RIDING CLUB**

## **HEALTH & SAFETY POLICY**

### **The Club's responsibilities:**

To undertake Risk Assessments in order to anticipate potential hazards to members and/or their families and friends at events and clinics organised by the Club.

To provide on-site first aid equipment, trained first aiders and qualified medical personnel appropriate to the site, type of event and foreseeable risk.

To ensure that the emergency services have access to all parts of an event site at all times.

To provide identifiable Stewards at events and ensure that they are carrying mobile phones, or other communication devices, in order to have adequate contact with all areas of a site at any time.

To ensure that all Stewards are able to react promptly to any accident or incident and know who to contact when such an event occurs.

To keep a record of all accidents and incidents (in accordance with the guidelines set out in the Data Protection Act) and to use this information to shape and update the Club's Health and Safety Policy so that it continues to serve its members appropriately.

### **Members' responsibilities:**

Members must take reasonable precautions when attending events, clinics or other Club activities in order to ensure their own safety and the safety of others around them. Members must recognise that they have as much of a duty of care towards themselves and their fellow members as the Club has towards them.

To report any potential and actual health & safety hazards, risks, accidents and incidents without delay to a Club Officer or Steward.

To accept the authority of the Club, its Officers and Stewards at events, clinics or other Club activities.

To ensure that all equipment used is in a safe state of repair (this includes trailers, cars, lorries, etc).

No vehicle is to be driven faster than walking pace, at any event.

Hard hats of the approved standard must be worn when members are mounted. As detailed in the Club's Constitution, the current standards for hard hats are as follows:

- 1) PAS 015 (1998 or 2011) with BSI Kitemark
- 2) VGI 01.040 (2014-12) with BSI Kitemark
- 3) ASTM F1163 (2004a or 04a onwards) with SEI mark
- 4) SNELL E2001 with official SNELL label and number
- 5) AS/NZS 3838 (2006 onwards) with SAI global mark

Please note also, that from 2016, hats with: EN1384 or BSEN1384 markings which are not accompanied by any of the standards above as well are NOT allowed for BRC competitions and are therefore not desirable for other BRC use. Plus for cross country, BRC now only allows a "Jockey Skull" cap of an even round or elliptical shape with a smooth or slightly abrasive surface, having no peak or peak type extensions. Noticeable protuberances above the eyes or to the front, not greater than 5mm, smooth and rounded in nature are permitted. A removable hat cover with a light, flexible peak is permitted. Head Cams are strictly prohibited for BRC affiliated competitions (including cameras affixed to the head, chest, bridle or any part of the horse or rider).

Body protectors are recommended for show jumping and are compulsory for all cross country activities, including clinics. Currently BRC will only recognise body protectors with a BETA Level 3 (Purple) label which has been manufactured in the year 2000 or after. (Without a date on the label the body protector is not recognised by BRC as conforming to the correct standard).

Correctly completed arm bands must also be worn for all cross country activities. It is also advisable that they are worn generally at any Club event, in case emergency details are not easily locatable in the event of a sudden accident.

Riders must observe reasonable rules of etiquette when using warm up areas at SDRC events i.e. do not overcrowd the area and ensure that horses and riders PASS LEFT TO LEFT at all times. It should be made clear to other riders if a horse is liable to kick out by putting a red ribbon in its tail. (Similarly, a green ribbon can be used for a novice horse that might act unpredictably or a blue ribbon for a stallion).

No warming up in car/lorry park areas and no lunging anywhere, at any event.

Do not obstruct gateways and paths by parking in front of them or tying horses up to them.

Horses must be ridden or led at walk outside any rings and designated practice areas.

No horse is to be left unsupervised if tethered and must never be tethered to a gate, a wall or an unhitched trailer (even if supervised).

It is recommended by the Club that all members and competitors have adequate insurance cover for themselves, their horses and any equipment they bring to events and clinics, etc.

Children (under the age of 18) are the responsibility of the members and not the Club and parents/guardians must ensure they behave reasonably while at events and clinics and are supervised at all times. It must also be noted that although the Club does not have members under the age of 18, it does have a proactive Child Protection policy in place. However, this does not affect the members' responsibility towards any children they bring with them to events and clinics.

Dogs must be kept on a leash at all times.